

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 1 - UNITED KINGDOM (INCLUDING CHANNEL ISLANDS AND ISLE OF MAN) Adults aged 15 and over: population 55,032,000

	Survey Period	Weekly Reach		Average Hours per head per listener		Total Hours '000	Share in TSA %
		'000	%				
All Radio	Q	48894	89	17.9	20.2	987672	100.0
All BBC Radio	Q	33535	61	8.9	14.6	491066	49.7
All BBC Radio 15-44	Q	13180	52	4.7	9.0	118386	34.4
All BBC Radio 45+	Q	20355	68	12.5	18.3	372680	57.9
All BBC Network Radio ¹	Q	30835	56	7.8	13.9	428534	43.4
BBC Local Radio	Q	7798	14	1.1	8.0	62532	6.3
All Commercial Radio	Q	36267	66	8.6	13.0	472153	47.8
All Commercial Radio 15-44	Q	17943	71	8.5	11.9	214389	62.3
All Commercial Radio 45+	Q	18323	62	8.7	14.1	257763	40.1
All National Commercial ¹	Q	22823	41	4.0	9.6	219985	22.3
All Local Commercial (National TSA)	Q	25194	46	4.6	10.0	252167	25.5
Other Radio	Q	3944	7	0.4	6.2	24453	2.5

Source: RAJAR/Ipsos MORI/RSMB

¹ See note on back cover.

For survey periods and other definitions please see back cover.

Please note that the information contained within this quarterly data release has yet to be announced or otherwise made public and as such could constitute relevant information for the purposes of section 118 of FSMA and non-public price sensitive information for the purposes of the Criminal Justice Act 1993. Failure to comply with this embargo could result in prosecution.

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Embargoed until 00.01 am
14th May 2020

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 2 - NATIONAL SERVICES

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
All BBC Network Radio ¹	Q	55032	30835	56	7.8	13.9	428534	43.4
BBC Radio 1	Q	55032	8915	16	1.0	6.2	55651	5.6
BBC Radio 2	Q	55032	14362	26	2.9	11.2	161240	16.3
BBC Radio 3	Q	55032	1980	4	0.2	6.7	13250	1.3
BBC Radio 4 (including 4 Extra)	Q	55032	11105	20	2.3	11.5	127315	12.9
BBC Radio 4	Q	55032	10754	20	2.1	10.7	115186	11.7
BBC Radio 4 Extra	Q	55032	1983	4	0.2	6.1	12129	1.2
BBC Radio 5 live (inc. sports extra)	Q	55032	5330	10	0.6	6.4	33998	3.4
BBC Radio 5 live	Q	55032	5219	9	0.6	6.3	32770	3.3
BBC Radio 5 live sports extra	Q	55032	601	1	*	2.0	1227	0.1
BBC 6 Music	Q	55032	2556	5	0.4	9.2	23476	2.4
1Xtra from the BBC	H	55032	986	2	0.1	4.1	4002	0.4
BBC Asian Network UK	H	55032	543	1	*	4.5	2469	0.3
BBC World Service	Q	55032	1346	2	0.1	5.3	7113	0.7
All National Commercial ¹	Q	55032	22823	41	4.0	9.6	219985	22.3
Absolute Radio Network ²	H	55032	4716	9	0.6	7.1	33647	3.4
Absolute Radio	Q	55032	2416	4	0.3	7.6	18365	1.9
Absolute Radio 60s	H	55032	119	*	*	2.9	345	*
Absolute Radio 70s	H	55032	230	*	*	3.8	867	0.1
Absolute 80s	Q	55032	1459	3	0.1	4.9	7088	0.7
Absolute Radio 90s	H	55032	837	2	0.1	4.3	3593	0.4
Absolute Radio 00s	H	55032	186	*	*	2.9	540	0.1
Absolute Classic Rock	H	55032	813	1	0.1	5.2	4209	0.4
Capital Brand (UK) ⁶	H	55032	7502	14	0.7	4.9	36551	3.7
Capital Network (UK) ²	H	55032	6386	12	0.5	4.7	29847	3.0
Capital XTRA Brand UK ²	H	55032	1873	3	0.1	3.6	6704	0.7
Capital XTRA (UK) ²	H	55032	1690	3	0.1	3.3	5642	0.6
Capital XTRA Reloaded	Q	55032	305	1	*	3.6	1092	0.1
Classic FM	Q	55032	5484	10	0.7	7.5	41245	4.2
Country Hits Radio	H	55032	257	*	*	5.0	1275	0.1
Gold Network (UK) ²	H	55032	1314	2	0.2	7.3	9623	1.0
Greatest Hits Network ²	H	55032	1295	2	0.2	8.1	10538	1.1
Greatest Hits Radio ²	H	55032	892	2	0.1	8.0	7146	0.7
Heart Brand (UK) ⁹	H	55032	9365	17	1.1	6.2	58322	6.0
Heart 70s	Q	55032	294	1	*	4.1	1196	0.1
Heart 80s	Q	55032	1249	2	0.1	3.5	4375	0.4
Heart 90s	Q	55032	456	1	*	3.4	1563	0.2
Heart Dance	Q	55032	380	1	*	4.5	1706	0.2
Heart Extra	Q	55032	472	1	*	3.8	1802	0.2
Heart Network (UK) ²	H	55032	7737	14	0.9	6.1	47229	4.8

Source: RAJAR/Ipsos MORI/RSMB

^{1,2,6,9} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 2 - NATIONAL SERVICES

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Heat	H	55032	498	1	*	3.2	1613	0.2
Hits Radio Brand ¹²	H	55032	6619	12	1.0	8.0	52863	5.4
Hits Radio Network ²	H	55032	5779	11	0.8	7.3	42325	4.3
Hits Radio ²	H	55032	745	1	0.1	4.6	3462	0.4
JACK Radio	H	55032	123	*	*	2.8	342	*
Jazz FM	H	55032	566	1	*	3.6	2059	0.2
Kerrang!	H	55032	438	1	*	3.8	1661	0.2
Kiss Network ⁵	H	55032	5135	9	0.5	5.2	26520	2.7
Kiss Fresh	H	55032	519	1	*	3.0	1563	0.2
Kisstory	Q	55032	2066	4	0.1	4.0	8238	0.8
LBC Brand (UK) ²	H	55032	2780	5	0.5	9.7	27048	2.8
Magic Network ⁸	H	55032	4088	7	0.4	6.0	24622	2.5
Magic Chilled	H	55032	242	*	*	4.1	995	0.1
Magic Soul	H	55032	393	1	*	6.4	2533	0.3
Mellow Magic	H	55032	590	1	0.1	5.3	3124	0.3
Planet Rock	Q	55032	1209	2	0.2	8.0	9680	1.0
Scala Radio	H	55032	310	1	*	6.6	2034	0.2
Smooth Brand (UK) ⁷	H	55032	5687	10	0.7	6.8	38554	3.9
Smooth Radio Chill	Q	55032	312	1	*	4.2	1304	0.1
Smooth Radio Country	Q	55032	286	1	*	3.2	924	0.1
Smooth Extra	Q	55032	819	1	0.1	5.0	4073	0.4
Smooth Radio Network (UK) ²	H	55032	4762	9	0.6	6.9	33079	3.4
Sunrise Radio National	Y	55032	372	1	*	4.5	1667	0.2
talkRADIO	H	55032	424	1	*	6.4	2693	0.3
talkSPORT	H	55032	2985	5	0.4	6.5	19461	2.0
talkSPORT2	H	55032	489	1	*	3.3	1601	0.2
Union JACK	H	55032	146	*	*	5.3	777	0.1
Virgin Anthems	Q	55032	150	*	*	4.9	733	0.1
Virgin Chilled	Q	55032	124	*	*	3.2	397	*
Virgin Radio	Q	55032	1496	3	0.2	6.0	8924	0.9
Virgin Radio Groove	Q	55032	16	*	*	1.1	18	*
Radio X Network (UK) ²	H	55032	1651	3	0.2	8.1	13428	1.4

Source: RAJAR/Ipsos MORI/RSMB

^{2,5,7,8,12} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 3 - INDIVIDUAL BBC SERVICES

Results are shown based on each station's Editorial Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
BBC NETWORK RADIO								
BBC Radio 1	Q	55032	8915	16	1.0	6.2	55651	5.6
BBC Radio 2	Q	55032	14362	26	2.9	11.2	161240	16.3
BBC Radio 3	Q	55032	1980	4	0.2	6.7	13250	1.3
BBC Radio 4 (including 4 Extra)	Q	55032	11105	20	2.3	11.5	127315	12.9
BBC Radio 4	Q	55032	10754	20	2.1	10.7	115186	11.7
BBC Radio 4 Extra	Q	55032	1983	4	0.2	6.1	12129	1.2
BBC Radio 5 live (inc. sports extra)	Q	55032	5330	10	0.6	6.4	33998	3.4
BBC Radio 5 live	Q	55032	5219	9	0.6	6.3	32770	3.3
BBC Radio 5 live sports extra	Q	55032	601	1	*	2.0	1227	0.1
BBC 6 Music	Q	55032	2556	5	0.4	9.2	23476	2.4
1Xtra from the BBC	H	55032	986	2	0.1	4.1	4002	0.4
BBC Asian Network UK	H	55032	543	1	*	4.5	2469	0.3
BBC World Service	Q	55032	1346	2	0.1	5.3	7113	0.7
NATIONAL REGIONAL								
BBC Radio Scotland	H	4595	825	18	1.0	5.8	4746	6.7
BBC Radio Ulster ³	H	1516	510	34	3.4	10.0	5118	19.3
BBC Radio Wales	H	2622	344	13	1.1	8.2	2834	5.9
BBC Radio Cymru ³	H	2622	119	5	0.5	10.2	1213	2.5
LOCAL								
BBC Local Radio in England	Q	44617	5785	13	1.0	8.0	46546	5.8
BBC Radio Berkshire	H	850	93	11	1.0	9.0	840	5.6
BBC Radio Bristol	H	935	111	12	0.8	7.1	787	4.6
BBC Radio Cambridgeshire	H	760	88	12	1.1	9.8	854	5.2
BBC Radio Cornwall	H	477	96	20	1.7	8.4	809	8.2
BBC Coventry and Warwickshire	H	745	85	11	0.5	4.5	381	3.0
BBC Radio Cumbria	H	401	96	24	1.8	7.6	729	9.4
BBC Radio Derby	H	670	108	16	1.4	8.9	958	8.3
BBC Radio Devon	H	1006	172	17	1.7	10.0	1724	8.5
BBC Essex	H	1347	173	13	1.2	9.2	1592	6.0
BBC Radio Gloucestershire	H	511	83	16	2.0	12.3	1019	9.3
BBC Hereford & Worcester	H	522	91	18	1.3	7.6	696	7.5
BBC Radio Humberside	H	766	152	20	1.6	8.1	1231	9.1
BBC Radio Kent	H	1526	215	14	0.8	5.3	1146	3.6
BBC Radio Lancashire	H	1198	148	12	1.0	8.2	1218	5.7

Source: RAJAR/Ipsos MORI/RSMB

³ See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 3 - INDIVIDUAL BBC SERVICES

Results are shown based on each station's Editorial Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
BBC Radio Leeds	H	1668	196	12	0.7	6.0	1173	4.1
BBC Radio Leicester	H	882	150	17	1.3	7.9	1184	7.6
BBC Radio Lincolnshire	H	570	97	17	1.9	11.4	1103	8.9
BBC Radio London	Q	12260	399	3	0.2	5.5	2188	1.1
BBC Radio Manchester	H	2273	203	9	0.5	6.1	1242	3.3
BBC Radio Merseyside	H	1701	268	16	1.7	10.9	2917	8.8
BBC Radio Newcastle	H	1467	218	15	1.1	7.3	1590	7.0
BBC Radio Norfolk	H	806	163	20	2.3	11.4	1865	10.6
BBC Radio Northampton	H	512	87	17	2.0	11.5	1001	8.5
BBC Radio Nottingham	H	832	169	20	1.9	9.1	1545	9.1
BBC Radio Oxford	H	537	73	14	1.2	8.7	635	6.6
BBC Radio Sheffield	H	1329	173	13	0.9	6.7	1161	5.2
BBC Radio Shropshire	H	418	100	24	2.4	9.8	985	11.6
Total BBC Radio Solent	Y	1827	205	11	1.1	9.6	1968	5.4
BBC Somerset	H	466	46	10	0.9	9.3	425	4.3
BBC Radio Stoke	H	626	127	20	1.5	7.6	964	7.8
BBC Radio Suffolk	H	552	98	18	1.7	9.8	965	8.3
BBC Sussex and BBC Surrey	H	2647	237	9	0.8	9.5	2245	4.2
BBC Radio Tees	H	796	111	14	1.0	7.0	773	5.2
BBC Three Counties Radio	H	1406	132	9	0.8	8.9	1171	4.6
BBC WM 95.6	H	2428	166	7	0.5	7.5	1245	3.3
BBC Radio Wiltshire/Swindon	H	596	69	11	0.5	4.5	310	2.4
BBC Radio York	H	544	72	13	1.0	7.7	550	5.4
BBC Radio Guernsey	Y	52	15	29	3.0	10.6	158	16.9
BBC Radio Jersey	Y	90	26	29	3.1	10.8	277	17.2

Source: RAJAR/Ipsos MORI/RSMB

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

Results are shown based on each station's Total Survey Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Bauer Radio - Total	H	55032	17986	33	2.8	8.6	154249	15.7
Absolute Radio Network ²	H	55032	4716	9	0.6	7.1	33647	3.4
Absolute Radio	Q	55032	2416	4	0.3	7.6	18365	1.9
Absolute Radio (London)	Q	12260	743	6	0.5	7.5	5586	2.8
Absolute Radio 60s	H	55032	119	*	*	2.9	345	*
Absolute Radio 70s	H	55032	230	*	*	3.8	867	0.1
Absolute 80s	Q	55032	1459	3	0.1	4.9	7088	0.7
Absolute Radio 90s	H	55032	837	2	0.1	4.3	3593	0.4
Absolute Radio 00s	H	55032	186	*	*	2.9	540	0.1
Absolute Classic Rock	H	55032	813	1	0.1	5.2	4209	0.4
Hits Radio Brand ¹²	H	55032	6619	12	1.0	8.0	52863	5.4
Greatest Hits Network ²	H	55032	1295	2	0.2	8.1	10538	1.1
Greatest Hits Radio	H	55032	892	2	0.1	8.0	7146	0.7
Greatest Hits Radio (Cov & Works)	H	728	11	2	*	2.9	32	0.3
Greatest Hits Radio (E.Yorks & N.Lincs)	H	914	31	3	0.3	10.0	307	1.9
Greatest Hits Radio (Heref & Worcs)	Y	496	17	3	0.2	7.1	120	1.2
Greatest Hits Radio (Lancashire)	H	1134	22	2	0.2	8.9	198	0.9
Greatest Hits Radio (L'pool N-West & N.Wales)	H	1888	133	7	0.8	11.2	1487	4.0
Greatest Hits Radio (Manchester)	H	2562	41	2	0.1	5.9	240	0.6
Greatest Hits Radio (North East)	H	1515	35	2	0.3	11.7	409	1.7
Greatest Hits Radio (S.Yorks)	H	1329	34	3	0.2	7.5	255	1.1
Greatest Hits Radio (Teesside)	H	824	21	3	0.3	12.3	261	1.7
Greatest Hits Radio (West Midlands)	H	3825	211	6	0.4	7.1	1493	2.4
Greatest Hits Radio (W.Yorks)	H	1007	20	2	0.3	13.5	265	1.6
Clyde 2	H	1934	167	9	0.9	9.9	1644	5.3
Downtown Country	H	1516	108	7	0.4	5.4	585	2.2
Forth 2	H	1172	68	6	0.5	8.5	580	3.9
Northsound 2	Y	347	26	7	0.6	8.4	215	3.1
Tay 2	Y	394	38	10	0.9	9.9	370	5.9
Hits Radio Network ²	H	55032	5779	11	0.8	7.3	42325	4.3
Hits Radio ²	H	55032	745	1	0.1	4.6	3462	0.4
Hits Radio (Manchester)	H	2562	231	9	0.5	5.5	1276	3.1
Radio Aire	H	651	57	9	0.5	6.2	352	3.1
Radio Borders	Y	109	46	42	5.7	13.4	622	31.3
CFM	Y	251	84	33	3.4	10.0	844	16.6

Source: RAJAR/Ipsos MORI/RSMB

^{2,12} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

Results are shown based on each station's Total Survey Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Radio City	H	1888	310	16	1.1	6.8	2119	5.7
Radio City Talk	H	1888	32	2	0.1	3.0	96	0.3
Clyde 1	H	1934	585	30	2.4	8.0	4657	15.0
Cool FM	H	1516	527	35	2.4	7.0	3689	13.9
Country Hits Radio	H	55032	257	*	*	5.0	1275	0.1
Downtown Radio	H	1516	278	18	1.3	6.9	1906	7.2
Forth 1	H	1172	296	25	2.2	8.7	2573	17.2
Free Radio Birmingham	H	2264	166	7	0.4	5.5	911	2.6
Free Radio FM (Cov & Warks)	H	728	124	17	1.1	6.6	821	6.8
Free Radio FM (Herefordshire & Worcestershire)	Y	496	78	16	1.1	6.8	525	5.3
Free Radio Wolverhampton Black Country & Shropshire	H	1540	141	9	0.6	6.2	880	3.3
Gem	H	2490	426	17	1.2	7.0	2997	6.5
Hallam FM	H	1329	379	29	1.9	6.7	2527	11.1
Metro Radio	H	1515	267	18	1.3	7.3	1959	8.3
MFR	Y	253	122	48	5.1	10.5	1288	27.7
Northsound 1	Y	347	132	38	3.9	10.2	1350	19.3
Rock FM	H	1274	201	16	1.1	7.0	1408	5.9
Tay FM	Y	394	129	33	2.7	8.2	1056	16.8
TFM	H	824	122	15	0.9	5.9	719	4.6
Viking FM	H	914	164	18	0.8	4.7	767	4.8
Wave 105	H	1858	326	18	1.5	8.5	2757	7.6
West Sound (inc West FM) ³	Y	398	189	48	3.7	7.7	1468	24.2
Heat	H	55032	498	1	*	3.2	1613	0.2
Jazz FM	H	55032	566	1	*	3.6	2059	0.2
Kerrang!	H	55032	438	1	*	3.8	1661	0.2
Kiss Network ⁵	H	55032	5135	9	0.5	5.2	26520	2.7
Kiss	Q	55032	3593	7	0.3	4.1	14732	1.5
Kiss (East)	H	2201	285	13	0.8	6.5	1852	3.9
Kiss (London)	Q	12260	1265	10	0.4	4.2	5270	2.7
Kiss (West)	H	2513	342	14	0.6	4.5	1539	3.2
Kiss Fresh	H	55032	519	1	*	3.0	1563	0.2
Kisstory	Q	55032	2066	4	0.1	4.0	8238	0.8
Magic Network ⁸	H	55032	4088	7	0.4	6.0	24622	2.5
Magic ²	Q	55032	3329	6	0.4	5.9	19495	2.0
Magic (London)	Q	12260	1351	11	0.7	6.6	8864	4.5
Magic Chilled	H	55032	242	*	*	4.1	995	0.1
Magic Soul	H	55032	393	1	*	6.4	2533	0.3
Mellow Magic	H	55032	590	1	0.1	5.3	3124	0.3

Source: RAJAR/Ipsos MORI/RSMB

^{2,3,5,8} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

Results are shown based on each station's Total Survey Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Planet Rock	Q	55032	1209	2	0.2	8.0	9680	1.0
Scala Radio	H	55032	310	1	*	6.6	2034	0.2
Total Global Radio (UK)	H	55032	23397	43	3.7	8.6	201999	20.6
Capital Brand (UK) ⁶	H	55032	7502	14	0.7	4.9	36551	3.7
Capital Network (UK) ²	H	55032	6386	12	0.5	4.7	29847	3.0
Capital Liverpool ¹⁰	H	1087	184	17	0.9	5.3	968	4.6
Capital London	Q	12260	1617	13	0.6	4.3	6986	3.5
Total Capital Mid Counties ¹³	Y	1076	96	9	0.4	4.0	385	2.0
Capital Mid Counties - Coventry (surveyed as 96.2 Touch FM - Coventry) ¹³	Y	335	26	8	0.2	2.4	62	1.2
Capital Mid Counties - North Oxfordshire (surveyed as 107.6 Banbury Sound) ¹³	Y	87	9	10	0.4	4.1	37	2.0
Capital Mid Counties - Rugby (surveyed as Rugby FM) ¹³	Y	81	16	20	1.2	5.7	94	6.7
Capital Mid Counties - South East Staffs (surveyed as Touch FM Staffs) ¹³	Y	262	21	8	0.3	4.0	85	1.8
Capital Mid Counties - Warwickshire (surveyed as Warks Worcs Cotswolds) ¹³	Y	311	24	8	0.3	4.4	106	1.8
Capital Midlands	H	4636	840	18	0.9	5.0	4217	5.4
Capital Birmingham ¹⁰	H	2288	386	17	0.8	4.5	1729	4.9
Capital East Midlands ¹⁰	H	2348	453	19	1.1	5.5	2488	5.8
Capital East Midlands - Derbyshire	H	549	80	15	0.6	4.3	346	3.7
Capital East Midlands - Leicestershire	H	807	157	19	0.9	4.7	740	5.2
Capital East Midlands - Nottinghamshire	H	1040	218	21	1.4	6.4	1405	6.9
Capital North East ¹⁰	H	2252	381	17	0.9	5.5	2083	5.6
Capital North West	H	3588	513	14	0.7	4.9	2523	4.2
Capital Lancashire ¹⁰	H	593	81	14	0.8	5.5	448	4.5
Capital Manchester ¹⁰	H	2995	431	14	0.7	4.8	2075	4.2
Capital North West and Wales ¹⁰	H	1038	106	10	0.8	7.5	791	3.6
Capital Scotland ¹¹	H	2879	379	13	0.6	4.6	1732	4.1
Capital South	H	1595	193	12	0.6	5.1	981	3.1
Capital Brighton ¹⁰	Y	386	16	4	0.2	4.8	75	1.0
Capital South Coast ¹⁰	H	1208	180	15	0.8	5.2	939	4.0
Capital South Wales ¹¹	H	1058	181	17	1.1	6.7	1204	6.5

Source: RAJAR/Ipsos MORI/RSMB

^{2,6,10,11,13} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

Results are shown based on each station's Total Survey Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Capital Yorkshire ¹⁰	H	4655	835	18	0.9	4.9	4091	5.0
Capital XTRA Brand UK ²	H	55032	1873	3	0.1	3.6	6704	0.7
Capital XTRA (UK) ²	H	55032	1690	3	0.1	3.3	5642	0.6
Capital XTRA (London)	Q	12260	712	6	0.2	3.8	2681	1.4
Capital XTRA Reloaded	Q	55032	305	1	*	3.6	1092	0.1
Classic FM	Q	55032	5484	10	0.7	7.5	41245	4.2
Gold Network (UK) ²	H	55032	1314	2	0.2	7.3	9623	1.0
Gold Cambridgeshire	H	898	52	6	0.4	6.8	355	1.8
Gold East Midlands	H	2923	112	4	0.5	12.2	1365	2.4
Gold London	Q	12260	267	2	0.2	7.1	1891	1.0
Gold Manchester	H	2995	71	2	0.2	8.6	612	1.2
Heart Brand (UK) ⁹	H	55032	9365	17	1.1	6.2	58322	6.0
Heart 70s	Q	55032	294	1	*	4.1	1196	0.1
Heart 80s	Q	55032	1249	2	0.1	3.5	4375	0.4
Heart 90s	Q	55032	456	1	*	3.4	1563	0.2
Heart Dance	Q	55032	380	1	*	4.5	1706	0.2
Heart Extra	Q	55032	472	1	*	3.8	1802	0.2
Heart Network (UK) ²	H	55032	7737	14	0.9	6.1	47229	4.8
Heart East	H	5587	1153	21	1.3	6.4	7413	6.5
Heart Cambridgeshire	H	898	191	21	1.3	5.9	1128	5.6
Heart East Anglia	H	1265	207	16	1.0	6.3	1302	4.8
Heart East Anglia - Norfolk	H	687	125	18	1.2	6.7	833	5.6
Heart East Anglia - Suffolk	H	578	82	14	0.8	5.7	469	3.8
Heart Essex	H	1411	309	22	1.3	5.8	1789	6.5
Heart Essex	H	1111	256	23	1.3	5.7	1448	6.8
- Chelmsford & Southend								
Heart Essex - Colchester	Y	198	39	20	1.2	5.9	230	5.2
Heart Essex - Harlow	Y	102	20	20	1.4	6.9	140	6.3
Heart Four Counties	H	2151	447	21	1.5	7.1	3194	7.7
Heart Four Counties	Y	334	87	26	1.9	7.3	633	10.0
- Bedfordshire								
Heart Four Counties	H	763	112	15	0.9	6.1	681	5.4
- Beds/Bucks/Herts								
Heart Four Counties ⁴	Y	368	21	6	0.3	5.5	115	1.8
- 96.6 FM Hertfordshire								
Heart Four Counties	Y	260	58	22	1.3	5.8	334	6.3
- Milton Keynes								
Heart Four Counties	H	588	174	30	2.5	8.3	1442	11.0
- Northamptonshire								
Heart London	Q	12260	1385	11	0.7	6.3	8788	4.4
Heart North East	H	2310	259	11	0.7	6.6	1708	4.4
Heart North Wales ⁴	H	728	95	13	0.9	7.0	666	4.5
Heart North West Group	H	6001	632	11	0.7	6.3	4007	3.7

Source: RAJAR/Ipsos MORI/RSMB

^{2,4,9,10} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

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Heart North Lancs & Cumbria	Y	280	65	23	1.7	7.3	475	9.7
Heart North West	H	5720	552	10	0.6	6.1	3349	3.2
Heart Scotland	H	2845	340	12	0.7	5.9	2017	4.8
Heart Scotland East	H	1200	118	10	0.5	4.7	558	3.6
Heart Scotland West	H	1646	221	13	0.9	6.6	1459	5.5
Heart South	H	6112	1216	20	1.2	6.0	7314	6.2
Heart Kent	H	1294	292	23	1.3	5.9	1736	6.7
Heart Solent	H	1887	311	17	1.0	5.9	1851	5.1
Heart Solent - Dorset	H	629	119	19	1.2	6.6	780	6.4
Heart Solent - Hampshire	H	1258	192	15	0.9	5.6	1071	4.4
Heart Sussex	H	1429	291	20	1.3	6.3	1830	6.3
Heart Sussex - North	Y	287	50	17	1.1	6.1	305	6.1
Heart Sussex - South	H	1141	246	22	1.3	6.3	1540	6.5
Heart Thames Valley	H	1503	321	21	1.3	5.9	1898	7.0
Heart Thames Valley - Berks & N.Hants	H	792	179	23	1.2	5.2	933	6.7
Heart Thames Valley - Oxfordshire	H	711	142	20	1.4	6.8	965	7.2
Heart South Wales	H	1923	368	19	1.4	7.4	2719	8.1
Heart West	H	3824	858	22	1.3	5.8	5011	6.5
Heart South West	H	1483	323	22	1.3	5.9	1917	6.4
Heart South West - Cornwall	Y	446	93	21	1.3	6.2	579	6.0
Heart South West - Exeter	Y	327	66	20	1.1	5.5	358	5.9
Heart South West - North Devon	Y	156	34	22	1.3	6.2	208	6.6
Heart South West - Plymouth & South Hams	Y	344	86	25	1.6	6.4	551	7.3
Heart South West - Torbay	Y	211	51	24	1.9	7.9	405	7.8
Heart West Country	H	2341	535	23	1.3	5.8	3094	6.6
Heart West Country - Bristol/Weston & Bath	H	962	212	22	1.0	4.7	1005	5.6
Heart West Country - Gloucestershire	Y	435	115	26	1.5	5.8	667	7.0
Heart West Country - Somerset	Y	425	107	25	2.0	7.8	830	9.1
Heart West Country - Wiltshire	Y	517	127	25	1.8	7.4	945	8.7
Heart West Midlands	H	3861	581	15	0.9	6.2	3597	5.7
Heart Yorkshire ⁴	H	3200	414	13	0.8	6.1	2521	4.6
LBC Brand (UK) ²	H	55032	2780	5	0.5	9.7	27048	2.8
LBC (UK)	H	55032	2444	4	0.4	10.1	24602	2.5
LBC London	Q	12260	1292	11	1.4	12.9	16655	8.4
LBC News (UK)	Q	55032	657	1	*	4.0	2648	0.3
LBC News (London)	Q	12260	473	4	0.2	4.8	2287	1.2
Smooth Brand (UK) ⁷	H	55032	5687	10	0.7	6.8	38554	3.9
Smooth Radio Chill	Q	55032	312	1	*	4.2	1304	0.1

Source: RAJAR/Ipsos MORI/RSMB

^{2,4,7} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 4 - NATIONAL COMMERCIAL GROUPS

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	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Smooth Radio Country	Q	55032	286	1	*	3.2	924	0.1
Smooth Extra	Q	55032	819	1	0.1	5.0	4073	0.4
Smooth Radio Network (UK) ²	H	55032	4762	9	0.6	6.9	33079	3.4
Smooth Radio Devon	H	1060	30	3	0.2	8.0	241	1.1
Smooth Radio East Anglia	H	1265	57	5	0.3	7.3	420	1.5
Smooth Radio East Midlands ⁴	H	3160	466	15	1.1	7.6	3534	5.8
Smooth Radio Essex	H	1411	31	2	0.1	5.7	174	0.6
Smooth Radio Kent	H	1294	53	4	0.4	8.6	457	1.8
Smooth Radio Lake District	Y	52	8	16	0.9	5.9	48	4.4
Smooth Radio London	Q	12260	803	7	0.4	5.8	4689	2.4
Smooth Radio North East ⁴	H	2310	503	22	1.7	7.8	3903	10.1
Smooth Radio North West ⁴	H	5720	1019	18	1.5	8.1	8303	8.0
Smooth Radio North West and Wales	H	1038	69	7	0.4	6.3	433	2.0
Smooth Radio Scotland	H	1855	305	16	1.0	6.3	1928	6.5
Smooth Radio Solent	H	1887	73	4	0.3	8.2	596	1.6
Smooth Radio South Wales	H	1058	62	6	0.3	5.6	350	1.9
Smooth Radio Sussex	H	1466	57	4	0.2	4.8	274	0.9
Smooth Radio Thames Valley	H	1503	30	2	0.1	4.4	129	0.5
Smooth Radio Three Counties	H	1563	30	2	0.1	6.5	199	0.7
Smooth Radio West Country	H	2341	101	4	0.3	8.1	813	1.7
Smooth Radio West Midlands	H	3861	454	12	0.8	6.9	3133	5.0
Radio X Network (UK) ²	H	55032	1651	3	0.2	8.1	13428	1.4
Radio X London	Q	12260	397	3	0.2	7.3	2914	1.5
Radio X Manchester	H	2995	192	6	0.4	6.9	1330	2.7
Sunrise Radio National	Y	55032	372	1	*	4.5	1667	0.2
Sunrise Radio London	Y	12260	192	2	0.1	4.0	765	0.4
Total Wireless Group	Q	55032	5016	9	0.6	7.1	35701	3.6
Scottish Sun 80s	H	4595	23	1	*	2.0	46	0.1
Scottish Sun Greatest Hits	H	4595	11	*	*	1.8	20	*
Scottish Sun Hits	H	4595	4	*	*	1.1	4	*
talkRADIO	H	55032	424	1	*	6.4	2693	0.3
talkSPORT	H	55032	2985	5	0.4	6.5	19461	2.0
talkSPORT2	H	55032	489	1	*	3.3	1601	0.2
U105 (Greater Belfast)	H	908	200	22	1.8	8.0	1595	9.7
U105 (Outside Belfast)	Y	608	27	4	0.3	6.4	173	1.8
Virgin Anthems	Q	55032	150	*	*	4.9	733	0.1
Virgin Chilled	Q	55032	124	*	*	3.2	397	*
Virgin Radio	Q	55032	1496	3	0.2	6.0	8924	0.9
Virgin Radio Groove	Q	55032	16	*	*	1.1	18	*

Source: RAJAR/Ipsos MORI/RSMB

^{2,4} See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES

Results are shown based on each station's Editorial Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
All Local Commercial Radio (ILR)	Q	54913	25185	46	4.6	10.0	251950	25.6
Total Capital Mid Counties	Y	1076	96	9	0.4	4.0	385	2.0
Capital Mid Counties - Coventry (surveyed as 96.2 Touch FM - Coventry)	Y	335	26	8	0.2	2.4	62	1.2
Capital Mid Counties - North Oxfordshire (surveyed as 107.6 Banbury Sound)	Y	87	9	10	0.4	4.1	37	2.0
Capital Mid Counties - Rugby (surveyed as Rugby FM)	Y	81	16	20	1.2	5.7	94	6.7
Capital Mid Counties - South East Staffs (surveyed as Touch FM Staffs)	Y	262	21	8	0.3	4.0	85	1.8
Capital Mid Counties - Warwickshire (surveyed as 102 Touch FM - Warks Worcs Cotswolds)	Y	311	24	8	0.3	4.4	106	1.8
Total Celador Radio	H	4852	590	12	0.8	6.7	3947	4.1
The Beach	Y	184	43	23	1.8	7.9	339	8.7
The Breeze (Berkshire & North Hampshire)	H	817	81	10	0.8	8.1	651	4.3
The Breeze (Cheltenham and Gloucester)	Y	298	13	4	0.1	3.4	42	0.7
The Breeze South Devon	Y	261	32	12	1.2	9.9	311	4.9
The Breeze (South West)	Y	477	53	11	0.8	7.4	393	3.9
The Breeze (West Country)	H	1084	92	8	0.4	5.3	487	2.4
Dream 100	Y	282	40	14	1.3	9.4	373	5.9
Fire Radio	Y	421	46	11	0.6	5.7	262	3.4
North Norfolk Radio	Y	94	14	15	1.4	8.9	127	5.9
Radio Norwich	Y	362	26	7	0.5	7.5	198	2.6
SAMfm Bristol	H	829	102	12	0.8	6.6	670	4.4
SAMfm Swindon	Y	273	23	8	0.2	3.0	68	1.2
Town 102	Y	297	10	3	0.2	7.0	69	1.1
Central FM	Y	218	47	22	1.7	7.9	376	9.9
Chris Country Radio	H	12260	39	*	*	4.0	155	0.1
Communicorp UK	H	19145	3177	17	1.2	7.3	23258	7.0
Capital Scotland	H	2879	379	13	0.6	4.6	1732	4.1
Capital South Wales	H	1058	181	17	1.1	6.7	1204	6.5
Heart Four Counties - 96.6 FM Hertfordshire	Y	368	21	6	0.3	5.5	115	1.8
Heart North Wales	H	728	95	13	0.9	7.0	666	4.5

Source: RAJAR/Ipsos MORI/RSMB

QUARTERLY SUMMARY OF RADIO LISTENING



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PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES

Results are shown based on each station's Editorial Area

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
Heart Yorkshire	H	3200	414	13	0.8	6.1	2521	4.6
Smooth Radio East Midlands	H	3160	466	15	1.1	7.6	3534	5.8
Smooth Radio North East	H	2310	503	22	1.7	7.8	3903	10.1
Smooth Radio North West	H	5720	1019	18	1.5	8.1	8303	8.0
XS Manchester	H	2995	132	4	0.4	9.7	1280	2.6
Total Dee Radio Group	Y	1971	56	3	0.2	5.3	297	0.9
Cheshire's Silk 106.9	Y	186	16	9	0.5	5.3	85	2.6
Chester's Dee 106.3 (Dee on DAB)	Y	197	30	16	1.0	6.2	188	4.6
Love 80s Liverpool	Y	1015	7	1	*	2.7	19	0.1
Love 80s Manchester	Y	572	3	1	*	1.5	4	0.1
Total Radio Essex	H	1323	100	8	0.5	6.7	670	2.6
Radio Essex	H	737	57	8	0.5	5.9	339	2.4
Radio Essex DAB	Y	1324	53	4	0.2	4.2	222	0.8
Total Radio Exe	Y	733	32	4	0.3	6.7	211	1.4
Radio Exe (DAB)	Y	733	14	2	0.1	6.1	86	0.6
Radio Exe (FM)	Y	213	20	9	0.6	6.3	125	3.5
3FM	Y	69	29	42	3.2	7.7	222	16.6
Fosse 107	Y	354	13	4	0.4	10.2	136	2.2
Fun Kids (London)	H	12260	61	*	*	3.0	183	0.1
IOW Radio	Y	121	43	36	2.7	7.5	326	12.6
Ipswich 102	Y	297	31	11	0.5	5.0	157	2.6
Total JACK	H	55032	347	1	*	4.4	1532	0.2
JACK Radio	H	55032	123	*	*	2.8	342	*
JACK Local	Y	525	88	17	0.9	5.2	461	4.9
JACK 2 Hits Oxfordshire	Y	525	31	6	0.2	3.2	100	1.1
106 JACKfm (Oxford)	Y	525	65	12	0.7	5.3	348	3.7
JACK 3	Y	525	3	1	*	5.1	13	0.1
Union JACK	H	55032	146	*	*	5.3	777	0.1
Kingdom FM	Y	293	56	19	1.2	6.0	338	8.2
KMFM	H	1344	198	15	0.7	5.0	998	3.6
Lincs FM Group	Y	2028	487	24	2.6	10.8	5240	12.8
Dearne FM	Y	245	44	18	2.0	11.1	486	9.9
Lincs FM 102.2 ³	H	950	292	31	3.4	11.1	3247	16.0
Ridings FM	Y	309	36	12	1.0	8.9	322	5.2
Rother FM	Y	211	31	15	1.6	10.5	330	8.6
Trax FM	Y	381	81	21	1.5	7.0	567	7.6
Love Sport London	Y	12260	30	*	*	2.3	67	*
Total Lyca	H	12260	150	1	0.1	5.5	829	0.4
1035 Dilse Radio	H	12260	42	*	*	5.2	218	0.1
1458 Lyca Radio	H	12260	92	1	*	4.2	388	0.2

Source: RAJAR/Ipsos MORI/RSMB

³ See note on back cover.

QUARTERLY SUMMARY OF RADIO LISTENING



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PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES

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			'000	%	per head	per listener		
Time FM 107.5	Y	478	30	6	0.9	14.1	417	5.7
Radio Mansfield 103.2	Y	164	29	18	1.2	7.0	202	6.2
Manx Radio	Y	69	30	43	4.0	9.4	278	20.7
Mi-Soul	H	12260	49	*	*	4.2	206	0.1
More Radio	H	515	71	14	1.1	8.3	587	5.4
Nation Broadcasting Group	H	19647	661	3	0.2	6.5	4316	1.3
The Breeze (Solent)	H	1209	62	5	0.4	7.0	430	1.8
106.3 Bridge FM	Y	132	23	17	1.0	5.6	128	5.0
Radio Carmarthenshire	Y	138	25	18	1.2	6.3	160	6.4
Dragon Radio Wales	Y	2622	61	2	0.1	5.1	308	0.6
KCFM	Y	464	59	13	0.9	7.3	428	5.3
Nation Radio London	H	12260	3	*	*	0.5	2	*
Nation Radio Scotland	H	1855	36	2	0.2	8.8	316	1.1
Nation Radio Wales	H	1760	171	10	0.6	5.8	995	3.2
102.5 Radio Pembrokeshire	Y	102	32	31	1.9	6.2	197	9.2
Sam FM South Coast	H	2183	168	8	0.4	5.0	836	1.9
Sun FM Radio	Y	270	54	20	1.8	8.8	477	10.2
Swansea Bay Radio	Y	480	23	5	0.2	5.1	118	1.4
Original 106 (Aberdeen)	Y	347	81	23	2.9	12.3	990	14.2
Total Panjab Radio	H	12260	108	1	*	4.7	511	0.3
Asian FX	H	12260	36	*	*	2.0	73	*
Panjab Radio	H	12260	75	1	*	5.8	438	0.2
Peak 107 FM	Y	424	63	15	1.3	8.5	539	6.8
Radio Plymouth	Y	261	35	13	0.9	7.1	245	4.3
Premier Christian Radio	Q	12260	121	1	*	3.5	425	0.2
Pulse 1 (was The Pulse)	H	730	125	17	1.1	6.3	787	5.9
Pulse 2	H	730	35	5	0.3	5.6	195	1.5
Pulse 80's	Y	730	13	2	*	1.8	23	0.2
Q Radio	H	1208	299	25	1.8	7.4	2206	10.5
Revolution 96.2	Y	490	22	5	0.2	5.5	121	1.6
Signal 80's	Y	812	16	2	0.1	4.1	67	0.4
Signal 107	H	1053	40	4	0.2	6.4	257	1.4
Signal One	H	812	216	27	2.7	10.2	2197	13.4
Signal Two	H	812	53	7	0.5	8.2	437	2.7
Swansea Sound - 1170 MW	Y	480	25	5	0.3	5.2	129	1.5
Tindle Radio Group	Y	142	84	60	6.5	10.9	920	36.1
Channel 103 FM	Y	90	54	61	6.0	9.9	541	33.7
Island FM 104.7	Y	52	30	58	7.3	12.6	378	40.4
107.4 Tower FM	Y	446	30	7	0.4	5.8	172	2.2

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QUARTERLY SUMMARY OF RADIO LISTENING



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PART 5 - LOCAL COMMERCIAL GROUPS AND INDIVIDUAL SERVICES

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			'000	%	per head	per listener		
Total UKRD	Y	2480	713	29	2.1	7.3	5185	10.2
Eagle 80s	Y	511	7	1	*	3.2	23	0.2
Eagle Radio	H	510	111	22	1.4	6.6	735	7.9
KL.FM 96.7	Y	190	54	29	2.2	7.8	422	9.5
Minster FM	Y	363	74	20	1.2	6.1	451	7.4
Mix 96	Y	144	46	32	2.3	7.1	326	11.0
Pirate FM	Y	503	162	32	2.3	7.1	1150	10.7
Pirate 80s	Y	503	14	3	0.2	7.6	106	1.0
Spire FM	Y	123	46	38	2.7	7.3	338	12.1
Spirit FM	Y	198	58	29	2.7	9.3	542	13.2
97.2 Stray FM	Y	211	49	23	1.5	6.5	320	6.9
Wessex FM	Y	126	47	37	2.7	7.4	343	12.1
Yorkshire Coast Radio	Y	113	49	43	3.3	7.7	376	16.1
The Voice	Y	156	12	8	0.6	7.6	92	2.9
Wave FM Total	Y	234	18	8	0.4	4.7	86	2.5
Wave FM (Dundee)	Y	144	14	10	0.5	4.9	69	3.4
Wave FM (Perth)	Y	89	4	5	0.2	4.1	17	1.2
96.4 FM The Wave	Y	480	112	23	1.8	7.5	849	9.8
Radio Wave 96.5 FM	Y	234	49	21	1.6	7.5	368	7.7
Wave 80's	Y	480	8	2	0.1	4.6	36	0.4
107.2 Wire FM	Y	276	42	15	1.0	6.7	281	5.5
102.4 Wish FM	Y	457	61	13	0.7	4.9	299	3.7

Source: RAJAR/Ipsos MORI/RSMB

QUARTERLY SUMMARY OF RADIO LISTENING



Survey Period Ending 29th March 2020

PART 6 - DEMOGRAPHIC ANALYSIS

	Survey Period	Adults (15+) Pop'n '000	Weekly Reach		Average Hours		Total Hours '000	Share in TSA %
			'000	%	per head	per listener		
ALL COMMERCIAL 15+	Q	55032	36267	66	8.6	13.0	472153	47.8
Children 10-14	Q	3966	2932	74	5.3	7.2	21169	65.6
15-24	Q	7791	5252	67	6.6	9.8	51557	65.1
25-44	Q	17521	12691	72	9.3	12.8	162832	61.4
45-64	Q	17293	11958	69	10.0	14.5	173555	46.5
65+	Q	12426	6365	51	6.8	13.2	84209	31.2
Main Shoppers	Q	47931	31213	65	8.7	13.4	417494	46.6
Main Shoppers with children	Q	14200	10799	76	10.0	13.1	141623	58.9
ABC1	Q	30084	19564	65	7.3	11.3	220457	41.4
C2DE	Q	24948	16703	67	10.1	15.1	251696	55.3
ALL BBC 15+	Q	55032	33535	61	8.9	14.6	491066	49.7
Children 10-14	Q	3966	2004	51	2.5	5.0	10113	31.3
15-24	Q	7791	3844	49	3.1	6.2	23921	30.2
25-44	Q	17521	9336	53	5.4	10.1	94465	35.6
45-64	Q	17293	11381	66	11.1	16.8	191545	51.3
65+	Q	12426	8973	72	14.6	20.2	181135	67.0
Main Shoppers	Q	47931	29776	62	9.5	15.4	457120	51.0
Main Shoppers with children	Q	14200	7925	56	6.4	11.5	91458	38.0
ABC1	Q	30084	20489	68	10.0	14.6	299353	56.2
C2DE	Q	24948	13046	52	7.7	14.7	191713	42.1

Source: RAJAR/Ipsos MORI/RSMB

DEFINITIONS

- (1) Audiences in local analogue areas excluded from 'All BBC Network Radio' and 'All National Commercial' totals.
- (2) National groups that are a combination of analogue and digital broadcast.
- (3) Audience to 'Opt-out' services included.
- (4) Station owned by Communicorp Group Limited.
- (5) Includes Kisstory and Kiss Fresh.
- (6) Includes Capital Network (UK) & Capital XTRA (UK).
- (7) Includes Smooth Radio Network (UK) & Smooth Extra.
- (8) Includes Magic Chilled, Mellow Magic and Magic Soul.
- (9) Includes Heart Network (UK), Heart 80s & Heart Extra.
- (10) This includes listening to Capital UK.
- (11) Station owned by Communicorp Group Limited and includes listening to Capital UK.
- (12) This includes Greatest Hits Network and Hits Radio Network.
- (13) Station owned by Quidem.

AREAS

UNITED KINGDOM (Parts 1 and 6)	(including Channel Islands and Isle of Man)
EDITORIAL AREAS (Part 3)	BBC stations' defined service areas
TOTAL SURVEY AREAS (Parts 4 and 5)	Commercial stations' defined marketing areas

In Part 1 'BBC Local/Regional' and 'All Local Commercial' include listening to local stations outside their own Editorial/Total Survey Areas.

In Parts 3 and 5 'BBC Local Radio' and 'All Local Commercial Radio' are based on the net Editorial/Total Survey Area of the individual services making up the network.

TERMS

WEEKLY REACH	The number in thousands or as a percentage of the UK/area adult population who listen to a station for at least 5 minutes in the course of an average week
AVERAGE HOURS	The total hours of listening to a station during the course of a week, averaged: PER HEAD - across the total adult population of the UK/area PER LISTENER - across all those listening to the station for at least 5 minutes
TOTAL HOURS	The overall number of hours of adult listening to a station in the UK/area in an average week
SHARE IN TSA	The percentage of total listening time accounted for by a station in the UK/area in an average week

SURVEY PERIODS

CODE	FIELDWORK DATES	SAMPLE SIZE (Adults 15+)
Q	30th December 2019 - 29th March 2020	24,857
H	16th September 2019 - 29th March 2020	49,252
Y	1st April 2019 - 29th March 2020	97,229